



Metta Students Honors Blackstone Academy Student with \$1,000  
#sharemetta

Press Release-5/10/16-“Giving back to the community is important because no matter how hard my life is there is always someone who is living a much harsher life than I am,” states Ariana Carter. Carter’s strong conviction to help others makes this eighteen-year-old a perfect fit for the Metta Students Foundation.

A ceremony will be held **Tuesday, May 10th at 12:30 PM at Blackstone Academy High** 334 Pleasant Street Pawtucket, RI. Members of the media are welcome. With this latest winner, the Metta Students Foundation has awarded thirty-four thousand dollars to students who have done acts of kindness and continue to #sharemetta.

Despite setbacks in her life, like her Central Falls home being destroyed in a house fire in March of 2015, Carter never gave up her quest to help others. Thankfully, everyone made it out alive, but they lost everything and were forced to live in a hotel. Even then, Carter never stopped helping others and was also grateful to those who reached out to her family. Carter is currently researching the foster care system in Rhode Island and is working to put together care packages for children who are removed from their homes on an emergency basis.



“My main focus is foster youth because those are the people I feel need the most attention. I would do anything in my power to provide comfort and relief to the youth that we have in foster care today, because those are the people who need the most tender loving care,” states Carter.

“I nominated Ariana Carter to be a Metta Student because she epitomizes everything that Metta believes in. Ariana is someone who cares deeply about others and often people who are less fortunate and in the most need,” states English Teacher Paul Healy. “Last year, Ariana completed a drive for Pennies for Patients and another drive for the Make a Wish foundation. Through these drives, Ariana and her partner were able to raise roughly \$1,000. To help with this cause, Ariana also organized a “Ballin’ for a Cause” basketball game in which the proceeds went towards the Make a Wish foundation. This was a great event for Ariana because she is an accomplished athlete who was captain of both the Central Falls High School girls’ volleyball and basketball teams.”

It is Carter’s drive and compassion that proudly prompted the Metta Students Foundation to give a \$1,000 grant for sharing metta, making her their thirty-fourth winner.

Norm Kelly, founder of Software Quality Associates in Providence, created the Metta Students Foundation in October of 2012 after learning of one teen’s act of kindness towards another teen. “Metta means love and kindness,” states Norm Kelly. “The common denominator with all of our Metta Students is their compassion, unselfishness and dedication to others. Each is unique, but they all want to make the world a better place.” It is for all of these reasons the Metta Students is proud to award Carter one thousand dollars.

To see video of how the Metta Students foundation began or for more information about the foundation, log onto [www.mettastudents.org](http://www.mettastudents.org)