



Metta Students Foundation honors East Greenwich teen for her acts for of kindness

Press Release -10/29/14 -Dedicated, hard-working, and compassionate are the words used to describe sixteen year old Sarah Schumacher of East Greenwich, making her the 18th Metta Students winner.

A Metta Students Foundation ceremony will be held at 10:30 a.m. on October 29 at East Greenwich High School located at 300 Avenger Dr to honor Sarah. The Metta Students Foundation will present a one thousand dollar check, for her acts of kindness.



Sarah's teacher Nick Rath says he nominated her "because she a person who has endured a lot, is a big asset to her family, and is an integral thread of the fabric of East Greenwich High School. Sarah is always upbeat and positive. She is humble, well respected and an asset to her grade. She gives back by being supportive of others and giving up her time."

Sarah is the current president of the EGHS Chapter of Best Buddies, an international organization that helps spread disability awareness through pairing those with and without Intellectual Developmental Disabilities (IDD) in one-to-one friendships.

In addition, Sarah is a member of Student Council and Real Girls Matter. Real Girls Matter works to spread the gender equality movement throughout the EG schools and beyond.

Norm Kelly, founder of Software Quality Associates in Providence, created the Metta Students Foundation in October of 2012 after learning of one teen's kind act of kindness towards another teen. Each month, during the school year, the non-profit foundation awards one thousand dollars to a student who shares metta.

"Metta means love and kindness," states Norm Kelly, "and we are proud to be able to give recognition to all of those bright lights who give back, not because they have to, but because they are truly good-hearted and want to make a positive difference. After learning of Sarah's selfless acts we knew she truly deserved to be honored and become a Metta Student winner.

"It is important for me to give back because it makes me realize what I have and how fortunate I am," says Schumacher. "I enjoy giving back to EGHS because it is truly a great school. So many kids go to schools that can't even afford basic necessities like heat, books, paper and all things we, myself included, take for granted.

It is for all of these reasons the Metta Students is proud to award Sarah Schumacher one thousand dollars. To see video of how the Metta Students foundation began or for more information about the foundation log onto www.mettastudents.org